## review:

Being an active guy who enjoys weightlifting and other physical activities such as bikeriding and golf, I was in desperate need of muscle pain relief and repair. I came upon John at a local market where he was performing trigger point therapy.

For the past 3 years, John has been relieving me of my pain with trigger point therapy. Because I lift weights, my muscles will become very tight and sore. John is able to find the trigger points exactly and release the pressure with his procedure after a session or two. I have read articles about the procedure and John knows his work as he very precise on his technique to relieve the pain and pressure. I will walk in with pain and out with relief!

I highly recommend John Everard if you need some relief from your physical pain. He is the "Doctor Of Pain Relief!".

Ted Ciofani